

A woman with dark hair and red lipstick, wearing a black hooded cloak, is looking directly at the camera. Her arms are crossed over a large, glowing jack-o'-lantern. The jack-o'-lantern has a classic carved face with triangular eyes and a jagged mouth, and it is illuminated from within, casting a warm orange glow. The background is a plain, light-colored wall.

# Love & Light

OCTOBER / NOVEMBER 2012  
[www.psychicreadings.org.uk](http://www.psychicreadings.org.uk)

L&L How to obtain a reading

**Call:**  
**0906 111 4445**

**For payment on your Telephone Bill.**

All 0906 calls cost £1.53/min recorded.  
18+ for entertainment only.

**Call:**

**0800 156 0596**

**For payment by your Credit Card.**

Freephone credit card readings.  
£38 for 20 mins.

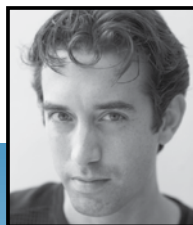
L&L Reader Profiles

**Jou-El.**  
**Enter PIN 7176**  
**when prompted**



I have been an active reader for over 25 years. Astrology is also a great love and I weave this knowledge into my readings. My work is about empowerment. Shining a light on the strengths, getting a grip on the purpose, and with the bigger picture clearly in mind. Areas I feel I have a special affinity with include; Karma (both personal and relationships), dream interpretation and symbolism, personal power and development, creating life goals and achieving them, connecting with personal guides and understanding the potential of the Astrology chart.

**Mark.**  
**Enter PIN 7110**  
**when prompted**



Mark is an extremely gifted psychic with over 10 year's experience. He has an incredible ability to provide help and guidance to those in need. As well as being a psychic Mark is also a caring friend to the people he reads for. Mark is able to work with tarot cards but does prefer to go with his natural clairvoyant ability. Most of the calls he deals with are regarding love and its surrounding subjects. Finance, career, family and home life are also subjects close to his heart. Mark feels that being psychic and helping others is the most rewarding gift of all.

**Chrystalyte - Email Reader**

Working with a reading name of Chrystalyte, Diana aims to bring a quality of crystal purity, truth and integrity to her readings, whilst treating clients with respect and compassion. Feedback she receives often highlights natural intuition, psychic perception and grounded, but gentle and understanding approach. Diana has a rare ability to get to the heart of a problem, whilst providing a sense of calm and trust when dealing with sensitive and critical issues. Her attitude is sufficiently young and vibrant to share excitement, enthusiasm and inspiration for new ventures whilst being mature enough to tap into the wisdom and reality in any situation.



L&L Contact Us

Love & Light Magazine  
Circle of Professional Clairvoyants  
PO Box 7584, Poole, BH14 4ER  
Customer Care Number +44 (0) 1133 847 0792

www.psychicreadings.org.uk  
mag@psychicreadings.org.uk  
Under UK law readings are deemed  
entertainment only. Accuracy is not guaranteed.

Love & Light Magazine is designed & produced by



telephone: 07941 101413 email: iaqgraphicdesign@live.co.uk web: iaqgraphicdesign.wordpress.com

Easy Pay L&L



Everybody likes something free....  
and we at the Circle of Professional Clairvoyants  
are no exception!

**Easy Pay** is a new way to be completely in control of your  
psychic readings 24/7.  
By pre-paying you get **free minutes!**

Your transaction is completely secure and there is no need to use a receptionist. You simply set up an account and pre pay for a set amount of minutes and then you can call anytime.

Decide how much you want to spend - calls cost £1.90 per minute.

**Buy more than 20 minutes and you will get 10% free!**

Purchase 100 minutes and **get 10 minutes free**

Purchase 60 minutes and **get 6 minutes free**

Purchase 40 minutes and **get 4 minutes free**

The service is completely flexible and gives you the option of choosing your call length, for example you may stay on with the reader for 5 minutes or you may use your maximum call allowance of 110 minutes – the choice is yours!

Visit the website and follow the **Easy Pay** links.

We hope you enjoy using this safe and simple method of contacting our gifted psychics and getting free call minutes!



This question has been asked thousands even millions of times by an equal number of people, do spells and witchcraft exist. The answer is yes. They do exist, they are real and they do work. It is all a matter of what a person believes. To understand this one must first look at the definitions. A spell is a set of actions and words which are designed to produce a specific result. Witchcraft is the practice of magic or use of spells and incantations in order to create a particular set of results.

Witch and spell craft is usually associated with certain types of religious practices. This is because often in time these spells invoke the name of a particular divine being to oversee the caster and

the event or individual that the spell is intended for. There are two main types of spells and witchcraft. These are generally referred to as White and Black. This is a simplified way of expressing the intention behind the spell. The words can



be exactly the same; it is the intent behind the spell that makes it good or bad. Spells are like prayers, candles are lit, incense is burned, stones are used all of which are designed to attract the attention of the intended action; words are written carefully in order to do the same. Everything in the universe is made of energy spells which are nothing more than ways of attracting a particular type of energy to the caster in order to obtain a particular result.

Witchcraft is nothing more than the learning and practice of this particular type of prayer. Both of these things exist, they work hand in hand and while these things have been associated with dark and evil images, it is not necessarily the way it is.

Does the type of witchcraft and spell craft, which appears in the movies, really exist? This is most often the type people classify or associate with these practices. The answer is while it is possible to attract enough energy to bring for those intentions whatever they may be the fact remains that few have the patience or determination to accomplish such feats. The amount of effort it takes to do something on such a large scale as seen in the movies is not worth the flashy results. Most of the time spell craft and witchcraft are used for the purpose of correcting things in a person's life. They are used for bringing in prosperity, success, and health.

There are also those that practice these arts with darker intentions. While these individuals and this side garners more attention it is not the majority of the existing practice. It is simply that there must be a balance of opposing forces. Good must have

evil, right must have wrong, and the same principle applies here.

The important thing to remember is that these things while they exist in the world only work for those that truly believe in them and have faith in what they are doing. It is the intention that creates the action and as a result, whether or not they exist for a particular person is up to that person.

Basically witchcraft and spells exist and are the formation of ritual and prayer for certain religious beliefs. They are actions and words designed to bring out the intention and attract the necessary and proper energy.

## Halloween Ghoulish Ghost Cakes, recipe by Annabel Karmel

- 175g Butter
- 175g Caster Sugar
- 1 tsp Vanilla Essence
- 3 Eggs
- 175g Self-Raising Flour
- Cornflour
- 750g ready to roll white icing
- Black writing icing

### Method:

Preheat the oven to 180C/350F/Gas Mark 4. Beat together the caster sugar, butter and vanilla essence until light and fluffy. Add one egg at a time with a tablespoon of flour for each egg. Beat well and fold in the remaining flour.

Spoon into greased and floured dariole moulds (makes 18 cakes), place on a baking tray and bake in a pre-heated oven at 180C for 20 mins. Once cool, cut the top off the cakes to form a flat surface and then cool completely.

Roll out the icing on a cornflour dusted surface and cut out circles. From the trimmings cut out or roll some tiny balls of white icing into oval shapes. Dampen them with a little water and stick them onto the front of the ghost to make the eyes. Use the black writing icing to make the pupils.



[www.annabelkarmel.com/recipes/halloween/halloween-cakes](http://www.annabelkarmel.com/recipes/halloween/halloween-cakes)

## Pumpkin soup, recipe by Valentine Warner

- 1 x 4kg / 8lb 13oz pumpkin
- 125g / 4oz butter
- 2 medium onions, peeled, finely chopped
- 1 cinnamon stick
- Freshly grated nutmeg
- Salt and freshly ground black pepper
- 1.7 litres / 3 pints chicken stock
- 3 tablespoons sherry



Information courtesy of BBC Food Recipes. Image is a representation.

### Method:

Cut the top off the pumpkin, scoop out the seeds and fibres and discard. Hollow out the pumpkin leaving 2cm of flesh all around the inside. Roughly chop the scooped-out pumpkin flesh.

Melt the butter in a large pan and add the onions, cook gently for 10-15 mins until they are softened. Add the pumpkin flesh, the cinnamon and nutmeg, and season, to taste. Increase the heat to medium and cover with the lid. Cook for 40-45 mins, stirring occasionally until the pumpkin is cooked through.

Add the stock and bring to the boil. Remove from the heat and allow to cool slightly. Transfer the soup to a food processor and blend until smooth. Return the soup to the pan and bring to a low simmer and cook for a further half an hour.

45 mins before eating preheat the oven to 170C/335F/Gas 3. Pour the soup into the hollow pumpkin shell, add the sherry and stir to combine. Place the pumpkin 'lid' onto the pumpkin and cook in the oven on a baking tray for about 45 mins.

# L&L The Cause and Effect of Karma

**K**arma has long been an idea tossed about in Western popular culture but few people outside of Eastern religions truly understand its significance. To understand the difference between good and bad karma, you must first understand what karma is.

## **Karma Defined:**

The easiest way to explain karma in simple terms is that it's like a cosmic cause and effect cycle. Every action you take leads to a specific effect. For example, if you do a good deed for someone today, there's a good chance that someone will do a good deed for you in the near future.

While karma may be a new idea to many of us, the concept of cause and effect is not. We all know that if we drive too fast on a wet road then apply our brakes quickly; the effect is likely to be skidding and possibly an accident. We all know that when rain falls it causes the grass to grow.

However, karma has a significant impact on our lives.

## **Karma works in our lives in two ways:**

- Guiding us towards our purpose in our present life - Each time we are reborn; we come with a purpose, usually to rectify something from our past life. Karma manifests itself as certain themes in our lives, perhaps problems with relationships and by paying attention to these themes and taking steps to change them in our lives we can achieve our karmic goal.
- Repaying us for our actions - In physics, we are taught that each action has an equal and opposite reaction. Karma teaches us this as well. What you do today will have repercussions in your life. That is inevitability.

By understanding these two ways in which our lives are constantly being affected by karma, we can be prepared to recognise the difference between good and bad karma.

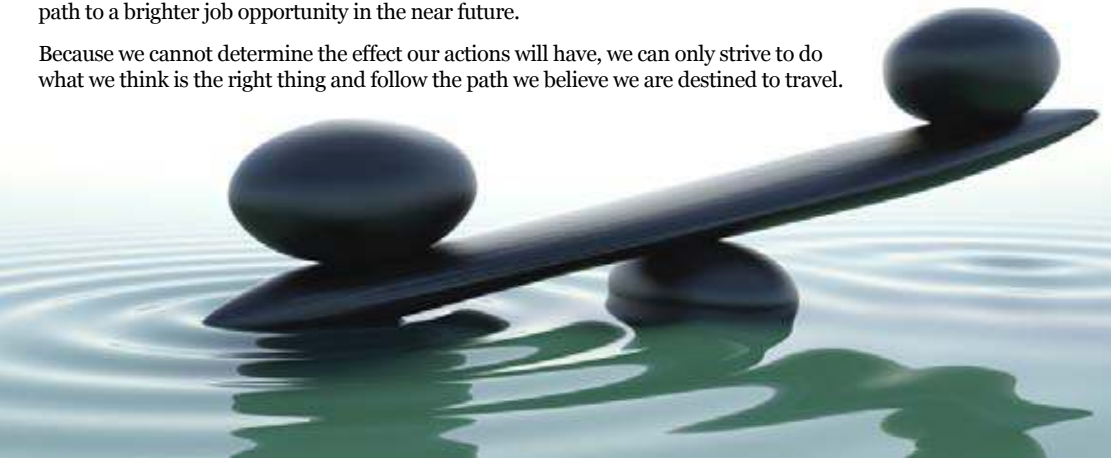
## **Good & Bad Karma**

Often we hear "that person has all the luck" but what should really be said is "that person has good karma." What most of us consider luck is simply the work of karma repaying us for our actions. Sometimes those actions are from our current lives; sometimes from our past experiences. We may not always be able to trace the cause of our luck - good or bad - but we must know that it exists and guides karma's hand.

Good karma brings us fortunate turns in our lives. We may meet a friend, find happiness, be blessed with financial security, come across a job opportunity, etc. Bad karma, on the other hand, plagues us with misfortune.

However, do not assume that every time something bad happens to you it is because of bad karma or because you have acted badly during one of your lives. In some cases, what we perceive to be an unfortunate turn of events now can lead to wonderful effects. For example, if you lose your job, it may not be a punishment but a way of opening a path to a brighter job opportunity in the near future.

Because we cannot determine the effect our actions will have, we can only strive to do what we think is the right thing and follow the path we believe we are destined to travel.



# Snippets L&L

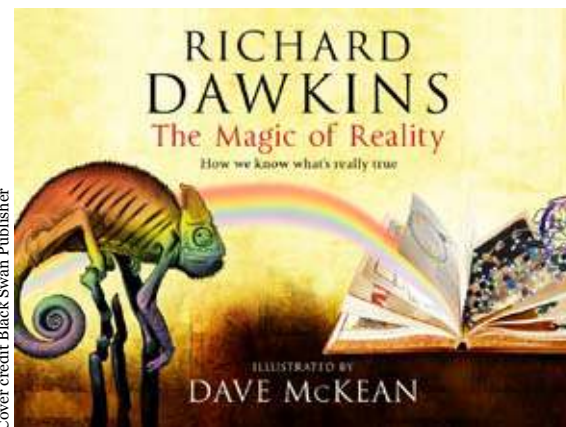
## **Book Review**

### **The Magic of Reality,**

by Richard Dawkins -  
*Sometimes the truth is even stranger than fiction...*

Richard Dawkins has written a string of bestselling books, including *The God Delusion*. He is a fellow of the Royal Society and the Royal Society of Literature, and has won numerous awards. He was a professor at Oxford University until 2008 and he remains a fellow of New College.

In the *Magic of Reality* Richard Dawkins shows us that the real world, as understood scientifically, has a magic of its own: an inspiring beauty which is all



the more magical because it is real and we can understand how it works:

Magic takes many forms. The ancient Egyptians explained the night by suggesting that the goddess Nut swallowed the sun. The Vikings believed a rainbow was the gods' bridge to earth. The Japanese used to explain earthquakes by conjuring a gigantic catfish that carried the world on its back - and earthquakes occurred each time it flipped its tail. These are magical, extraordinary tales. But there is another kind of magic, which lies in the exhilaration of discovering the real answers to these questions. It is the magic of reality - science.

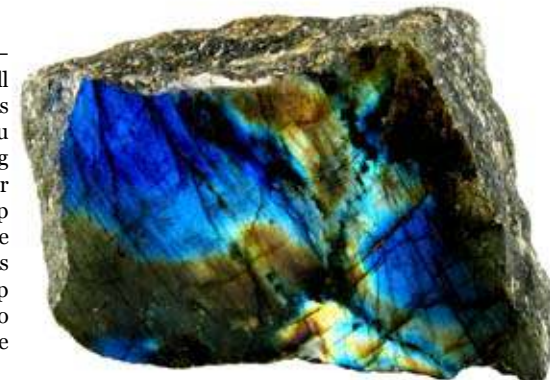
Packed with inspiring explanations of space, time, evolution and clever thought experiments, *The Magic of Reality* explains a stunningly wide range of natural phenomena. What is stuff made of? How old is the universe? What causes tsunamis? Who was the first man, or woman? This is a page-turning, inspirational detective story that not only mines all the sciences for its clues but primes the reader to think like a scientist too.

*'The text is persuasive whatever one's age ... the chapter on rainbows has the clearest explanation of how they appear that I've ever seen.'*  
The Financial Times

*'The Magic of Reality provides a beautiful, accessible and wide ranging volume that addresses the questions that all of us have about the universe...'*  
Lawrence Krauss, author of *Quantum Man*

## **Labradorite**

Labradorite is an iridescent crystal full of colours – yellows, oranges, peacocks blues and greens. It will protect and cushion your aura, at the same time as providing wisdom and understanding. If you find you have a relationship that sometimes leaves you feeling drained, perhaps someone close to you is poorly or you are supporting someone going through a break up then this is the stone for you. Wear or carry this stone to protect yourself from excessive loss of energy. This gem can be used with any of the chakras, it will help to stimulate your imagination and it will allow you to develop enthusiasm and new ideas and to see more clearly during meditation.





# Circle of Professional Clairvoyants



CONSULT A PROFESSIONAL READER

ACCEPT NO  
SUBSTITUTE

**Payment by your  
Credit Card:**  
**0800 156 0596**

Freephone credit card readings  
£38 for 20 mins.

**Payment on your  
Telephone Bill:**  
**0906 111 4445**

All 0906 calls cost £1.53/min  
18+ for entertainment only.

[www.psychicreadings.org.uk](http://www.psychicreadings.org.uk)



**Business  
& Careers**



**Wellbeing**



**Relationships**



**Financial  
Health**

**Text "CIRCLE" then send your question to 84184**

Texts £1.50/reply (may need more than 1 reply) Aged 18+

Ethical psychic readings from top professional psychics, mediums and clairvoyants.

Under UK law readings are deemed entertainment only and are recorded.  
Accuracy is not guaranteed. Customer Care Number +44 (0) 1133 847 092